Objective: This session will teach you how to clear the air with a person that you have had a conflict with during moments of crisis.

Learning Points:

• A – Agreement: State a fact

• I – Impact: Your reason for why things aren’t working (fact, opinion or idea)

• R – Respect: Earn the right to be heard

• R – Request: The desired outcome

• What if nothing changes?
Questions:

• Can I determine if I should clear the AIRR with someone?

• How can I find an agreement to start the confronting conversation?

• Do I know the impact of the situation?

• Do I feel equipped to confront in kindness?